

## ***SHIP Grant!***

Physical Education instructor Mr. Velishek, is reaching out to the Statewide Health Improvement Partnership (SHIP) to acquire funding to bring movement activities that require limited space. The reason for this is because during extremely cold weather, rain or snowy days, our students remain indoors for recess. Classes and recess are also moved indoors during funerals at church. Since the gym is not available during these times, it becomes extremely challenging to fit our entire student body in one room playing one or two various activities.

Mr. Velishek would like to address this situation by applying for a SHIP Grant. One of the requirements is to create a **School Wellness Committee**. We are in need of several adults and students willing to meet at least once a month to make sure we are offering a healthy active opportunity for our students. If you would like to be a part of this group, please contact Mr. Velishek at [avelishek@mosthrs.org](mailto:avelishek@mosthrs.org) or call the school office.