

SEPTEMBER

				September 1 No School
September 4 No School	September 5 Spaghetti and Meat Sauce Breaded Mozzarella Sticks Lettuce Salad Peaches	September 6 Chicken Alfredo Garlic Toast Broccoli Cucumbers Pears	September 7 Hamburger French Fries Baked Beans Lettuce Salad Grapes	September 8 Fish Nuggets Tator Tots Peas Orange Slices Dinner Roll
September 11 Salisbury Steak Mashed Potatoes Corn Pears Dinner Bun	September 12 Hot Dog Chips Baked Beans Carrot/celery Apple Slices	September 13 Spirit Day Pizza Burger, Mozzarella Sticks, Peas and Carrots, Fruit Cocktail.	September 14 Breaded Chicken sandwich French fries Green beans Peaches	September 15 Tomato or Chili Grilled Cheese Cucumbers Apple Sauce
September 18 Pulled Pork Buttered Noodles Green Beans Cucumbers Apple Sauce	September 19 Taco Day Spanish Rice Pilaf Corn Fruit Cocktail	September 20 Tator Tot Hotdish Cheese stick Peas and Carrots Pears Dinner Bun	September 21 BBQ Meatballs Mashed Potatoes Carrots Pineapple Dinner Bun	September 22 Fish Sandwich French Fries Green Beans Celery & Baby Carrots Orange Slices
September 25 Chicken Fajita Chips & Salsa Corn Peaches	September 26 Corn Dog French Fries Green Beans Baby Carrots Fruit Cocktail	September 27 Pictures Chicken Nuggets Mac and Cheese Cucumber Grapes Dinner Bun	September 28 Sloppy Joe Tator Tots Corn Apple Slice	September 29 Shrimp poppers Veg Fried Brown Rice Peas Mandarin oranges Dinner buns

All meals include 1 cup of 1% milk; chocolate or regular

Menus comply with the new USDA nutritional guidelines:

- At least one whole grain-rich food per day • 100% juice, no more than one serving per day
- Both a fruit and vegetable or two different vegetables at lunch
- Name of breakfast cereal to confirm the sugar limit is met
- Milk must be (1%) * No flavored milk in conjunction with snack menu