



April 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| Apr - 3 | Apr - 4 | Apr - 5 | Apr - 6 | Apr - 7 |
| Turkey Sub Sandwich Choice of Chips Celery Sticks with p.nut but. & raisins Baby Carrots, Pickle Applesauce | Teriyaki Chicken Vegetable Fried Rice Asian Slaw Broccoli Mandarin Oranges Bun or Bread Slice | French Toast Sausage Patty Cottage Cheese and/or Yogurt Carrots Blue & Strawberries | Easter Break No School | Easter Break No School |
| Apr - 10 | Apr -11 Ney 1st - 4th Capitol 5th - 8th | Apr - 12 | Apr - 13 | Apr - 14 |
| Easter Break No School | Sloppy Joe Tater Tots Baked Beans Coleslaw Pineapple | Chicken Nuggets Macaroni & Cheese Peas Celery Sticks w/ranch or p.nut but. & raisins Apple Slices | Baked Ham Au Gratin Potatoes Carrots Lettuce Salad w/cheese Fruit Cocktail Bun or Bread Slice | Fish Sandwich with lettuce French Fries Coleslaw Green Beans Orange Slices |
| Apr - 17 | Apr -18 Ney 5th - 8th | Apr -19 Spirit Day | Apr - 20 | Apr - 21 |
| Corn Dog French Fries Peas Baby carrots w/ranch Peaches Bun or Bread Slice | BBQ Pulled Pork Sandwich Choice of Chips Baked Beans Coleslaw Tropical Fruit | Spaghetti and Meatsauce Breaded Mozzarella Sticks Cucumber Slices Pears | Taco Day w/lettuce, tomato, cheese, sour cream Spanish Rice Corn Orange Slices | Tomato Soup or Chili Soup w/crackers Grilled Cheese Celery Sticks w/ranch or p.nut but. & raisins Apple Slices |
| Apr - 24 | Apr - 25 | Apr - 26 | Apr - 27 | Apr -28 Zoo LL & K |
| Chicken Fajita with fried onions and peppers Nachos with salsa Corn Fruit Cocktail | Hamburger with onion, pickle, lettuce, cheese French Fries Baby carrots w/ranch Pears | Chicken Alfredo Garlic Toast Broccoli Romaine Salad Peaches | Salisbury Steak with onions & gravy Mashed Potatoes Carrots Fruit Cocktail Bread Roll | Cheese Pizza Garlic Toast Celery Sticks w/ranch or p.nut but. & raisins Pineapple |

All meals include 1 cup of 1% milk; chocolate or regular

Menus comply with the new USDA nutritional guidelines:

- 100% juice, no more than one serving per day
- Name of breakfast cereal to confirm the sugar limit is met

MHRS is an equal opportunity provider.