Most Holy Redeemer
CATHOLIC SCHOOL

March, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pasta & meatballs Spaghetti sauce Lettuce salad Cucumbers Pears Toasty roll	4 Chicken patty/bun Tater tots Corn Fruit cocktail	5 **Warm bkfst Wed** **- Omelet -** Fish sticks French/Curly Fries Green beans Pineapple/toasty roll **Sophia/Sam/Max V**	6 ****NEW**** Cheese or pepperoni Pizza roll-up in a crescent roll Hash brown/Carrots Apple sauce **Maddox/Sam**	7 Tomato soup Grilled cheese French fries Peas Peaches
10 Chicken nuggets Mac n cheese Corn Apple sauce Breadstick **Avery/Sophia** **Hayden/Sam**	11 Chicken fajita, rice Chips & Salsa Peppers/onions Peas Pears	12 **Warm bkfst Wed** **- Sausage -** Chicken Alfredo Pasta Carrots Fruit Cocktail Garlic toast	13 Hot dog/bun Curly/French fries Baked beans Apple slices **Hayden/Sam** **Sophia**	14 Italian dunkers Spaghetti sauce Curly fries Green beans Orange slices
17 Cheese or Pepperoni pizza Carrots Tropical fruit **Adam/** **Max V/Avery**	18 Hamburger/bun Curly/French fries Lettuce salad Cucumbers Mandarins	19 **Warm bkfst Wed** **- pigs in a blanket -** ****NEW**** Beef quesadillas Rice, Corn, Apples, salsa **Adam**	20 Hamburger gravy Mashed potatoes Green beans Pears Toasty wheat roll	21 Scrambled eggs French toast sticks Hash brown Peas Fruit cocktail **Hayden**
24 ****NEW**** Pasta Parmesan w/Chicken Nugs Roasted broccoli Peaches Garlic breadstick **Maddox**	25 Hot turkey sandwich Mashed potatoes Gravy Green beans Fruit cocktail	26 **Warm bkfst Wed** **- Scrambled eggs -** Mini corn dogs Curly/French fries Baked beans Pears	27 ****NEW**** BBQ chicken/bun French fries ****Peapods**** Strawberries **Cailyn**	28 ****NEW**** Shrimp popper/ Pasta Alfredo Corn Mandarins Dinner roll **Maddox/Adam**
31 Sausage patty Biscuit, cheese Hash brown Carrots Apple sauce				

All meals include 1 cup of 1% milk; chocolate or regular
Menus comply with the new USDA nutritional guidelines:
100% juice, no more than one serving per day
Name of breakfast cereal to confirm the sugar limit is met

MHRS is an equal opportunity provider
Menu is subject to change