

Holy Redeemer School
001 - MOST HOLY REDEEMER SCHOOL
October
2018

Sep 12, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Pizza Burger Tator Tots Vegetable Fruit Milk/Choc/1%	Oct - 2 Taco Shredded Cheese Shredded Lettuce Diced Tomato Vegetable Fruit Milk/Choc/1%	Oct - 3 Cheesey Rice/chicken ROLLS, Dinner Vegetable Fruit Milk/Choc/1%	Oct - 4 Chicken Drumstick Scalloped Potato Vegetable Fruit Milk/Choc/1%	Oct - 5 GRILL OUT Hot Dog/Bun Chip Tortilla Nacho Vegetable Fruit Milk/Choc/1%
Oct - 8 Salisbury Steak in Gra mashed potato ROLLS, Dinner Vegetable Fruit Milk/Choc/1%	Oct - 9 Fish Nuggets French Fries Vegetable Fruit Milk/Choc/1%	Oct - 10 Pork Roast Baked Potato Butter Bread Vegetable Fruit Milk/Choc/1%	Oct - 11 Cold Sub Sandwich Shredded Lettuce Cheese Am. Slice Diced Tomato Vegetable Fruit Milk/Choc/1%	Oct - 12 Stuff Crust Pepp. Yogurt Vegetable Fruit Milk/Choc/1%
Oct - 15 Tator Tot Hotdish ROLLS, Dinner Vegetable Fruit Milk/Choc/1%	Oct - 16 SPAGHETTI AND ME Spaghetti Noodles Breadstick Vegetable Fruit Milk/Choc/1%	Oct - 17 Shrimp Poppers Tator Tots Vegetable Fruit Milk/Choc/1%	Oct - 18 NO SCHOOL TODAY	Oct - 19 NO SCHOOL TODAY
Oct - 22 Hamburger/Bun Cheese Am. Slice French Fries Vegetable Fruit Milk/Choc/1%	Oct - 23 Pizza Sausage Cheese Mozz Stick Vegetable Fruit Milk/Choc/1%	Oct - 24 Hamburger Hotdish Grape Jelly Bread Vegetable Fruit Milk/Choc/1%	Oct - 25 Egg Bake with cheese HASHBROWNS Vegetable Fruit Milk/Choc/1%	Oct - 26 Barbecue Meatballs Mashed Potato Butter Bread Vegetable Fruit Milk/Choc/1%
Oct - 29 Chicken Nuggets Tator Tots Vegetable Fruit Milk/Choc/1%	Oct - 30 CORN DOG French Fries Vegetable Fruit Milk/Choc/1%	Oct - 31 Pancakes,Maple Sausage Patty Vegetable Fruit Milk/Choc/1%		

cook may change due to availability

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.