



Most Holy Redeemer
CATHOLIC SCHOOL

September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			Sep - 1 No School	Sep - 2 No School
Sep - 5 No School Labor Day	Sep - 6 Taco in a Bag w/lettuce, tomato, cheese, sour cream Spanish Rice Corn Orange Slices	Sep - 7 Spaghetti and Meatsauce Breaded Mozzarella Sticks Cucumber Slices Pears	Sep - 8 BBQ Pulled Pork Sandwich Potato Chips Baked Beans Coleslaw Tropical Fruit	Sep - 9 Tomato Soup or Chili Soup w/crackers Grilled Cheese Celery Sticks w/ranch or peanut butter Pineapple
Sep - 12 Chicken Drumsticks Baked Potato w/sour cream, onion, cheese Peas Applesauce Bread Roll	Sep - 13 Corn Dog French Fries Green Beans Baby carrots w/ranch Pears	Sep - 14 Salisbury Steak with onions & gravy Mashed Potatoes Green Beans Fruit Cocktail Bun or Bread Slice	Sep - 15 Chicken Alfredo Garlic Toast Broccoli Romaine Salad Peaches	Sep - 16 Shrimp Poppers Vegetable Fried Rice Asian Slaw Cauliflower Mandarin Oranges
Sep - 19 Chicken Nuggets Macaroni & Cheese Peas Celery Sticks w/ranch or peanut butter Pineapple	Sep - 20 Tator Tot Hotdish Cheesestick Lettuce Salad w/Cheese Grapes Bread Roll	Sep - 21 Ham Sub Sandwich Choice of Chips Baby carrots w/ranch Pickle Applesauce	Sep - 22 Chicken Fajita with fried onions and peppers Nachos with salsa Corn Pears	Sep - 23 Fish Sandwich with lettuce French Fries Coleslaw Green Beans Orange Slices
Sept - 26 Picture Day	Sep - 27 Hot Dog w/Bun Pasta Salad Potato Salad Baked Beans Coleslaw Fruit Cocktail	Sep - 28 Chicken Gravy Mashed Potatoes Lettuce Salad w/Cheese Peaches Dinner Bun	Sep - 29 BBQ Meatballs Au Gratin Potatoes Peas Apple Slices Bread Roll	Sep - 30 Hamburger with onion, pickle, lettuce, cheese French Fries Baby carrots w/ranch Applesauce

* All meals include 1 cup of 1% milk; chocolate or regular