

# Holy Redeemer School

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1  NO SCHOOL TODAY	Jan - 2  Chicken Nuggets French Fries Bread or Roll Vegetable Fruit Milk/Choc/1%	Jan - 3  Chicken Alfredo Sauce Penne Noodles Garlic Toast Vegetable Fruit Milk/Choc/1%	Jan - 4  Taco Shredded Lettuce Shredded Cheese Diced Tomato Bread or Roll Vegetable Fruit Milk/Choc/1%
Jan - 7  Fish Nuggets Tator Tot Bread or Roll Vegetable Fruit Milk/Choc/1%	Jan - 8  Spaghetti Meat Sauce Spaghetti Noodles Breadstick Vegetable Fruit Milk/Choc/1%	Jan - 9  Tomato Soup Grill Cheese Sandwich Vegetable Fruit Milk/Choc/1%	Jan - 10  FRENCH TOAST STI Sausage Patty Vegetable Fruit Milk/Choc/1%	Jan - 11  Barbecue Meat Balls Shake/Bake Potato Bread or Roll Vegetable Fruit Milk/Choc/1%
Jan - 14  NO SCHOOL TODAY	Jan - 15  Pizza Cheese Yogurt Vegetable Fruit Milk/Choc/1%	Jan - 16  Tator Tot Hotdish Bread or Roll Vegetable Fruit Milk/Choc/1%	Jan - 17  Turkey Sandwich French Fries Vegetable Fruit Milk/Choc/1%	Jan - 18  Fish Patty on Bun Tator Tot Vegetable Fruit Milk/Choc/1%
Jan - 21  NO SCHOOL TODAY	Jan - 22  Ravioli Breadstick Vegetable Fruit Milk/Choc/1%	Jan - 23  Chicken Fajita Shredded Lettuce Shredded Cheese Diced Tomato Vegetable Fruit Milk/Choc/1%	Jan - 24  Hamburger on bun Cheese Am. Slice Tator Tot Vegetable Fruit Milk/Choc/1%	Jan - 25  Chicken Noodle Soup Ham Sandwich Vegetable Fruit Milk/Choc/1%
Jan - 28  Hot Dog/Bun French Fries Vegetable Fruit Milk/Choc/1%	Jan - 29  Sloppy Joe/Bun Tator Tot Vegetable Fruit Milk/Choc/1%	Jan - 30  Chicken Strips Macaroni & Cheese Bread or Roll Vegetable Fruit Milk/Choc/1%	Jan - 31  Ham Mashed Potato Bread or Roll Vegetable Fruit Milk/Choc/1%	

cook may change due to availability

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**