

**Holy Redeemer School**  
**001 - MOST HOLY REDEEMER SCHOOL**  
**November**  
**2019**

Oct 23, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Nov - 1  Ravioli Garlic Toast Vegetable Fruit Milk/Choc/1%
Nov - 4  Chicken Drumstick Baked Potato Vegetable Fruit Milk/Choc/1%	Nov - 5  Hamburger/Bun Tator Tots Vegetable Fruit Milk/Choc/1%	Nov - 6  Hamburger Hotdish Bread or Roll Vegetable Fruit Milk/Choc/1%	Nov - 7  Fish Patty on Bun French Fries Vegetable Fruit Milk/Choc/1%	Nov - 8  Pizza Pepperoni Cheese Mozz Stick Vegetable Fruit Milk/Choc/1%
Nov - 11  Chicken Nuggets Macaroni & Cheese Vegetable Fruit Milk/Choc/1%	Nov - 12  Barbecue Meatballs Au Gratin Potato Vegetable Fruit Milk/Choc/1%	Nov - 13  Chicken Alfredo Sauce Penne Noodles Garlic Toast 1 Vegetable Fruit Milk/Choc/1%	Nov - 14  Taco Shredded American Ch Shredded Lettuce Diced Tomato Vegetable Fruit Milk/Choc/1%	Nov - 15  Pancakes, Maple Sausage Patty Vegetable Fruit Milk/Choc/1%
Nov - 18  Hot Dog/Bun French Fries Vegetable Fruit Milk/Choc/1%	Nov - 19  Chicken Noodle Soup peanut butter & jelly Sa Vegetable Fruit Milk/Choc/1%	Nov - 20  Spaghetti Meat Sauce Spaghetti Noodles Garlic Bread Sticks Vegetable Fruit Milk/Choc/1%	Nov - 21  Chicken Fajita Shredded American Ch Shredded Lettuce Diced Tomato Vegetable Fruit Milk/Choc/1%	Nov - 22  Chicken Strips Tator Tots Vegetable Fruit Milk/Choc/1%
Nov - 25  Omelette Egg/Cheese HASHBROWNS Vegetable Fruit Milk/Choc/1%	Nov - 26  Sloppy Joe/Bun French Fries Vegetable Fruit Milk/Choc/1%	Nov - 27  Turkey Roast Mashed Potato Bread or Roll Vegetable Fruit Milk/Choc/1%	Nov - 28  NO SCHOOL TODAY	Nov - 29  NO SCHOOL TODAY

cook may change due to availability

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**