



“Enlightening young minds through multiage education. Leading young hearts to Christ.”

HRS Families ...



“Play is really the work of childhood.” - Mr. Rogers

Last week HRS students and staff participated in a “Heart Walk,” a simple half-hour activity that, like the school’s “Mileage Club,” is intended to encourage regular exercise. Even though weather kept us inside for Friday’s walk, I was reminded of an article I’d seen about the importance of outdoor play for children. According to Sanford Health News, outdoor play can do the following: 1.) Build physically healthier children, 2.) Contribute to a child’s cognitive and social/emotional development, 3.) Improve vision and sensory skills, 4.) Increase a child’s attention span, 5.) Strengthen the immune system, and 6.) Make a child

happier. The weather is finally becoming spring-like, so, in the spirit of encouraging outdoor play, I am sharing this list of activities that you and your family might consider during these last days of April. Have a good week!

- 4/22: Take a walk together--and take note of the signs of spring you see!
- 4/23: Go to a playground or park.
- 4/24: Discover the joys of colored chalk: Create an elaborate hopscotch game, find a good, smooth rock, and play!
- 4/25: Fly a kite or jump rope.
- 4/26: Play catch or t-ball outside today.
- 4/27: Go on a bike ride.
- 4/28: Read a book on the porch or outdoor steps.
- 4/29: Play “Three Squats Across the Mississippi,” “Captain May I?” or some other old-fashioned yard game. (See <http://redtri.com/old-school-yard-games/>)
- 4/30: Using items out of the recycling bin, make and master an obstacle course in your backyard. (*Of course, the kids will return the recyclables to the recycling bin once the game is over!*)

Heart Walk - Results

Below are the results from this year’s Heart Walk. The event was held inside due to poor weather. Total walkers = 75 (67 students, 6 teachers, 2 parents) = 748 laps = 93.5 miles = 1.25 miles avg/person. Total 67 students = 694 laps = 86.75 miles= 1.29 miles avg/student. The temperature on Wednesday was 32 degrees F. (avg. is 55 F.) with heavy snow falling, thus indoors. This was a big difference from the Heart Walk of April 17, 2015, when it was 68 F., mostly sunny, with a wind speed of 5 mph. A special thanks to Mrs. Picha for planning this event.

Registration for 2019-2020 Preschool-8th Grade

Return your registration forms and fee by April 17 and you will be eligible to win a \$25 Scrip card of your choice. All financial assistance forms are also due by April 17.

Butter Braids

The 5-6 grade students did a wonderful job of selling Butter Braids this year with over \$3,500 in profits. The money will be used on the class environmental learning center trip to Eagle Bluff. Thank you for your support!



Tuition, Scrip Credits

Final tuition balances are due before the end of the school year. Scrip credit will be determined soon. Now is a good time to catch up on purchasing Scrip gift cards for Mother’s Day, graduations, shower gifts, weddings, birthdays, etc. Many vendors are offering low denomination cards at this time.

HRS Cook-Outs

Come and join us, the HRS staff and students, this Spring for not one, but two school lunch cook-outs. They are being planned for **May 3** & **May 10**. Look for information enclosed.

Sumdog - South Central Math Contest

Sumdog’s South Central Minnesota Math Contest is now over! In total, 116 students answered 13,188 questions correctly - well done to them. HRS’s Grade 5-6 team scored 100 points and placed 2nd in the competition. Fairmont, MN, took 1st place honors and Nicollet placed 3rd. Thank you, Mrs. Picha, for organizing this opportunity for the students through Sumdog.

Save the Date -Grade 5&6 - Washington, D.C., 2020 Fundraiser - Movie Night

Please come support the 5th and 6th grade Washington, D.C., 2020 Fundraiser, May 3, 2019, 3:30-5:30 p.m. The movie is “Wreck It Ralph 2.” Look for enclosed flyer.

HRS Volleyball

HRS is seeing if there is any interest in fielding a volleyball team in 2019-20 for girls in grades 5-8. If interested, please fill out the enclosed form and return to the school office by May 1.

HRS Spring Flower Sale

Order your spring flowers or pepper & tomato plants from HRS. Order forms available in the school office or in the back of church. Orders are due Friday, April 26. Plants can be picked up May 2.

As always, please feel free to email or call me with any thoughts or concerns. Thank you -Mr. Vondracek, Principal - gvondracek@mosthrs.org

Visit our [FACEBOOK](#) (Click) on our page for up-to-date photos of our special events.

Calendar:

- April 17—Stations of the Cross, 2 p.m., HRC
- April 18-22—Easter Break, No School
- April 24—Gr. 5,6 Marble Mazes, 8:15-9 a.m., displayed in classroom
- April 26—All School Mass, Gr. 3,4
- April 28—Confirmation Send Off Mass, 10:30 a.m., HRC
- May 1—Unity Day, TCU, Gr. 8 students leave at 10:30
- May 2—Gr. 2,3,4 field trip, Science Museum; Gr. 5-8 field trip, Festival of Nations
- May 3—All School Mass, Kindergarten. May Crowning before Mass, Gr. K, 7, 8
- May 4—Confirmation, 10 a.m., St. Dominic Catholic Church, Northfield
- May 5—1st Communion, Gr. 2
- May 7—Gr. LL, K, 1 field trip, Children’s Museum

TADS EDUCATE / TADS TUITION MANAGEMENT

View your child(ren)’s grades, homework assignments and access your lunch account information through

<https://educate.tads.com/educate>

This website is different than your TADS Tuition Management website.

If you have any questions, or need log-in information, please call the school office at 507-364-7383 or email Mrs. Pesta at jpesta@mosthrs.org

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Remember to keep saving: ink cartridges & cell phones for recycling, Box Tops 4 Education, textiles for the US’ Again drop off bin (NE corner of Holy Redeemer parking lot), aluminum cans for the HRS/KC trailer (NE corner of parking lot), Coke product codes - <http://coke.com/give/schools> and designate Most Holy Redeemer School, Loaves4Learning UPCs and pop tabs. Also earn points for HRS when shopping at Coborn’s, Cash Wise or Marketplace Foods. Designate Most Holy Redeemer School when you log in and register at moreRewards.com. Don’t forget to choose Most Holy Redeemer School and smile.amazon.com when you’re doing your on-line shopping.

www.mosthrs.org

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