

Little Lambs

REOPENING GUIDELINES

1. Frequent Handwashing

MDH and CDC Guidelines:

Reinforce hand washing routines, especially upon arrival, after having been in a public place or after blowing your nose, coughing, or sneezing. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol. Ensure children are supervised when using hand sanitizer and that it is inaccessible to them when not in use.

LITTLE LAMBS - PLAN FOR HANDWASHING:

- School staff will teach and reinforce proper handwashing. Proper handwashing techniques include washing hands with soap and water for at least 20 seconds.
- Wash hands at the beginning and the end of the day, before/after meals/snacks, after using the restroom, blowing noses, coughing or sneezing.
- Staff will monitor compliance in the bathroom and the classroom.
- Staff will monitor students when using hand sanitizer.

2. Cleaning and disinfecting

MDH and CDC Guidelines:

Protocols related to cleaning and disinfection of programs should be detailed so that staff know what is expected of them. Follow MDH and CDC guidance for frequent cleaning and disinfecting of your program.

LITTLE LAMBS - CLEANING AND DISINFECTING:

- School staff will have access to adequate supplies for daily cleaning.
- School staff will disinfect the toys/high touch materials frequently throughout the day.
- School staff will clean the bathrooms several times throughout the day. Cleaning schedule/log. Bathrooms will be cleaned after high traffic bathroom times.
- Toys/high touch materials will be sanitized at the end of the day.
- Toys/high touch materials will be set out on a daily rotation.

3. Arrival and Departure

MDH and CDC Guidelines:

- Whenever possible, pick-up and drop-off should occur outside and/or limit the extent to which parents enter the program and interact with each other.
- Consider use of multiple entrances and exits when these can be used safely by the staff, volunteers and visitors.

- Before children enter the space, screen them to ensure those with symptoms are not attending.

LITTLE LAMBS - PLAN FOR ARRIVAL AND DEPARTURE:

(Screening process for children:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html#ScreenChildren>)

- Parents will drop off and pick up outside the school.
- School staff will meet them at the front door in the morning and take them to the outside doors at the end of the day.
- All students/parents/staff must wear a face mask during the school day.
- School staff will greet the students and screen them for fever/symptoms at the door before entering the classroom.

4. Plans for sick children, staff, and volunteers

MDH and CDC Guidelines:

- Conduct daily health checks. This includes screening for children, staff, volunteers, and household members for family child care programs to ensure those who exhibit any symptoms of illness are not present.
- Follow exclusion guidance and ensure children, staff, and volunteers stay home when sick: <http://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf>
- Use CDC guidance to develop a plan for what you will do if someone becomes sick with COVID-like symptoms:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html#General>

- If a child, staff member, or volunteer is diagnosed with COVID-19 or if you have questions about a child, staff member, or volunteer who is exhibiting symptoms, reach out to MDH at health.schools.covid19@state.mn.us and follow their direction.
- Using the MDH and CDC resources above, create a communication plan for how and when you will notify parents, staff, and volunteers if a child, staff member, volunteer or household member for family child care programs has been exposed, is exhibiting symptoms, or has tested positive.
 - Contact MDH if you have questions (at the email address above)
 - Ensure the parent or guardian contact information in each child’s record is up-to-date.

LITTLE LAMBS - PLANS FOR SICK CHILDREN, STAFF, AND VOLUNTEERS:

- Students who have a fever of 100.4 or higher at the time they enter the classroom or who develop symptoms during the school day will be sent to the main office for additional screening.
- The screening staff will determine if the student needs to be sent home.

- Students who need to leave school due to COVID-19 symptoms will be sent to the auxiliary classroom until their parent/guardian can pick them up. Overflow will be near the stairwell of this classroom.
- Screening staff will be responsible for the student(s) until a parent/guardian picks up the student.
- Screening staff will inform the families of the need for them to stay home in the event they have tested positive for or are showing symptoms of COVID-19.
- The school's point of contact will be the school's main office. The school principal is the primary back-up.
- If student takes an extended visit out of state, they will be expected to take a 14-day insolation before returning to the preschool.

5. Social distancing throughout the day

MDH and CDC Guidelines:

- Limit group sizes as much as possible and create consistent groups of children and providers, staff, or volunteers who stay together throughout the day.
- Add visual cues or barriers to direct traffic flow and distancing. For example, you may want to tape "Xs" on the floor to let children know where they should sit to promote social distancing.
- At nap time, ensure that children's naptime mats (or cribs) are spaced out as much as possible. Consider placing children head to toe in order to further reduce the potential for viral spread.

LITTLE LAMBS - PLAN FOR SOCIAL DISTANCING THROUGHOUT THE DAY:

- Students will be spread out in the classroom with the maximum amount of distance between each student as much as possible.
- Tape will be on the floors as a guide for students when lining up at the door.
- Students will be spaced out as much as possible during nap time.

6. Source control and cloth face coverings

MDH and CDC Guidelines:

- Cloth face coverings are an important piece for mitigating the spread of the virus but are most effective if it can stay in place without being pulled on or touched by the person wearing it or others. Within this context, the provider, staff members, and volunteers are encouraged to wear cloth face coverings during the work day as much as possible, recognizing the development needs of the children in their care.
- Children should not wear cloth face coverings unless they can reliably wear, remove, and handle the cloth face covering throughout the day. Cloth face coverings should NOT be put on infants or children younger than 2 because of the danger of suffocation.
- Face covering guidance is available here:
<https://www.health.state.mn.us/diseases/coronavirus/schools/masks.html#child>

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

LITTLE LAMBS - PLAN FOR SOURCE CONTROL AND CLOTH FACE COVERINGS:

- Students/staff will wear masks during the school day (exception: meals/snacks, drinking, outside recess).
- Students will wear their mask to the table, take off while eating and put back on before leaving the table.
- Students will enter school with the face mask on and exit school with their face mask on.

7. Workplace ventilation

MDH and CDC Guidelines:

Recognizing this may be difficult in center or school buildings, where possible work to maximize the amount of fresh air being brought in, limit air recirculation and make sure ventilation systems are being properly used and maintained. Take steps to minimize air flow blowing across people. It could mean keeping windows open where possible, removing or repositioning fans, and encouraging outdoor time.

LITTLE LAMBS - PLAN FOR VENTILATION AND AIR FLOW, IF POSSIBLE:

Little Lambs preschool is a traditional school building built in the 1940's. The room has large windows that will be opened as long as there are no temperature concerns. Preschool class rooms also have 'uni-vent' air circulation units that will bring in fresh air as much as possible.

8. Playground use

MDH and CDC Guidelines:

- Stagger playground use rather than allowing big groups to play together.
- Wash hands before and after touching play structures. If possible, consider cleaning high touch areas of the play structure between groups.
- If you choose to bring children in your care to a public playground, be careful to ensure children wash hands after touching play structures and maintain six feet of space from other children as much as possible.

<https://www.health.state.mn.us/diseases/coronavirus/schools/playground.pdf>

LITTLE LAMBS - PLAN FOR MITIGATING COVID-19 IN PLAYGROUND USE:

- Physical distancing guidelines will be followed as much as possible.
- Groups will not be over 10 students in number.
- A bathroom break will be given before and after recess and students will be washing their hands.
- The playground will be cleaned/wiped down after daily use.

9. Meals and snacks

MDH and CDC Guidelines:

- If meals are typically served family-style, plate each meal and serve it so that multiple children are not using the same serving utensils.
- To the extent possible, serve meals in individual classrooms. If using a cafeteria, the meal should be served to one small group of children at a time, with cleaning and sanitizing occurring in between groupings.

LITTLE LAMBS - PLAN FOR MITIGATING COVID-19 DURING MEALS AND SNACK TIMES:

- Students will eat in the cafeteria in staggered seating to comply with social distancing.
- School staff will help students get situated and open foods/beverages as necessary.
- School staff will help with tray/food/beverage disposal.

10. Field trips and events

MDH and CDC Guidelines:

- Do not plan large group activities, such as field trips and family events. Consider changing field trips and events to a virtual format where appropriate.
- If you have an in-house field trip, screen the presenter. It would be best if in-house field trips are held outside in small group settings. Remember that social distance needs to be maintained, groups should not be mixed, and whenever possible, cleaning and sanitizing should occur between groups.

LITTLE LAMBS - PLAN FOR MITIGATING COVID-19 DURING FIELD TRIPS AND EVENTS:

- No field trips planned at this time.

11. Communications and training

MDH and CDC Guidelines:

The plan must be available to the Commissioner and offered to families. Be sure to communicate to families, using plain language, the expectations for parents and children in implementing this plan (e.g. outdoor pick-up/drop-off protocols).

The plan must be posted in a prominent place and readily accessible to all of your employees, adult caregivers, substitutes, and volunteers who need to review it. Provide training to ensure everyone is following your plan. Keep these individuals updated on any changes to the plan.

Staff with concerns about their employer's COVID-19 Preparedness Plan or questions about their rights should contact MNOSHA Compliance at osha.compliance@state.mn.us, 651-284-5050 or 877-470-6742.

LITTLE LAMB - PLAN FOR COMMUNICATIONS AND TRAINING:

All Little Lambs staff will receive training in the MDH and CDC guidelines during staff "back-to-school" orientation. The preschool guidelines will also be shared electronically with parents and posted in Little Lambs classroom.