

Most Holy Redeemer Families,



Students have the option to either bike (grades 2-8) or walk (all grades) for the marathon. We ask this year that you review and discuss these expectations with your child and decide whether they will walk or bike. We have many amazing teachers and volunteers who help supervise our bikers and walkers on Marathon day and your support by discussing what we expect beforehand is greatly appreciated. Please complete, discuss, sign below and return to classroom teachers by September 24th. Thank you!

Walker Expectations: All grades have the option to walk

- Walkers will be expected to walk- 1.5 miles (LL-1st Gr.), 3 Miles (2nd-4th Gr.), 5 miles (5th-8th)
- Be respectful!- Listen to teachers and volunteers walking with you, be respectful of others' property and do not touch items that aren't yours. Make sure any of your trash finds its way into a garbage. We will stop at 2 parks for water breaks and they need to be just as clean when we leave as when we got there.
- Stay with the group- do not go in front of the leader or behind the last adult. Be ready to leave when you are told.
- Wear appropriate clothing and shoes- we will be outside all day.
- No whining or complaining- we are earning the money raised for the school. It is supposed to be a good workout!

Biker Expectations: Grades 2-8 have the option to bike

- Bikers will be expected to bike 6 miles
- Bikes must be at school by 12 pm on marathon day and all bikers must wear a helmet.
- Stay off the sidewalks. We will bike on the side of the road as sidewalks are not meant for bikes. Students will need to stay to the side of the road and should not be going in the middle or biking as a large clump across the road.
- No fooling around on your bikes- provide space for others and no bumping into people.
- Be respectful!- Listen to teachers and volunteers walking with you, be respectful of others' property and do not touch items that aren't yours. Make sure any of your trash finds its way into a garbage. We will stop at 2 parks for water breaks and they need to be just as clean when we leave as when we got there.
- Stay with the group- do not go in front of the leader or behind the last adult. Be ready to leave when you are told.
- Wear appropriate clothing and shoes- we will be outside all day.
- No whining or complaining- we are earning the money raised for the school. It is supposed to be a good workout!

Please complete and return the bottom portion of this form by September 24th.

My child, _____ will walk / bike. (please circle one)

A parent or another adult plans to come and participate in the MHRS Marathon-

Name: _____ walk / bike (please circle one)

We have read and discussed the expectations provided. We understand that we are lucky to have this day and will follow what is expected of us and listen to the adults on marathon day.

Parent signature: _____

Student Signature: _____